



CLIENT INFORMATION DERMAL INTAKE SCREENING SERVICES

WHAT ARE THE INTAKE SCREENING SERVICES?

Dermal Therapy intake screening consultations are a clinical service which is delivered via telehealth, face-to-face, or zoom meeting in a private online space between a supervised student practitioner and a client. Clients are not required to physically attend the clinic.

WHO WILL I CONSULT WITH?

Our student dermal clinicians are in their 3rd and 4th year of the Bachelor of Dermal Science and are supervised on campus by their supervisor. Their supervisor is an experienced, qualified Dermal Clinician.

Victoria University students are enrolled into a Bachelor of Dermal Science which covers teachings across units of

- Skin health assessment and management
- Skin disorders and diseases
- Client education regarding management of a vast range of skin concerns and conditions
- Evidence based practice and
- Clinical Practice.

WHAT CAN I USE INTAKE SCREENING FOR?

Dermal Therapy intake screening are sought for a broad range of health reasons. In a telehealth call, your student dermal clinician may be able to provide you with assessment and management strategies including

- Instructions, resources and materials
- Skin health education
- At home and self-management strategies
- Recommendations and referral

WHAT CAN I EXPECT IN THE INTAKE SCREENING SERVICE?

The Dermal Clinician will ask you to tell us about your concern as previously discussed and will then ask a series of standard questions about your health, medical history and your concern in more detail. These questions assist us to ascertain a provisional dermal therapy diagnosis, and also alert us as to whether there are any precautions or contra-indications for therapies that may be able to treat your concern. You may also be asked to have a skin cancer check, or receive medical approval before treatment can proceed. This is common for any skin lesions, rashes, or for those with complex medical histories as well as for those that are under the age of 16.

Through a tele-health, your supervised student practitioner will be able to obtain:

- A full account of your concerns and medical history
- Modified skin health assessment and evaluation
- Appropriate management strategies and recommendation

WHAT COULD A DERMAL THERAPY INTAKE SCREENING HELP WITH?

Intake screening may be suitable for a range of conditions including

- General concerns regarding skin health or appearance
- Advice on skin care and at home management strategies
- Ageing and sun damage
- Skin cancer risk assessment and screening
- Inflammatory skin or conditions such as:
 - Acne
 - Rosacea
 - Eczema
 - Psoriasis
 - Pigment changes
 - Skin changes associated with chronic health problems or side effects of treatment
 - Wound, scar and oedema management

BENEFITS OF AN INTAKE SCREENING SERVICE?

Clients are welcome to attend this service via face-to-face, or via telehealth in the privacy of their own home.

Students will be able provide clients with instructions and direction of how they can commence treatment within the dermal clinic. Telehealth can be accessed from the privacy of your home or office from 8am to 7pm Monday to Friday. Our consultations provide convenience, privacy and are time efficient. There is no need to leave the home or workplace to attend.

HOW DOES AN INTAKE SCREENING WORK?

Our intake screening service will provide patients further direction of how to progress with future booking relative to their concerns. During intake screening, we will investigate the following aspects:

- Your concern or condition to determine your how the clinic may assist you
- Any medications or herbal supplements you are actively taking
- Anything you are currently using to care for your skin including over the counter or prescription.
- Explain visual assessment and survey tools we may use on your clinic visits
- Address any necessary document requirements, prior to coming into the clinic i.e. referral for skin screening
- Determine your overall suitability

WHAT YOU WILL NEED FOR YOUR APPOINTMENT?

- Any relevant documents to previous diagnosis or treatment (tests, referral letters etc)
- List of medications/supplements (dosages/frequency of taking these)
- List of regular products being used
- Parent/Guardian for those under the age of 17
- Friend or family member if English is a second language

AFTER YOUR TELEHEALTH INTAKE SCREENING

After your telehealth call, your clinician will discuss a time to book in an appointment for a full consultation, photography and test patch with either the 3rd or 4th year skilled clinicians, or whether you may require to obtain a skin cancer check, or receive medical approval before treatment can proceed. This is common for any skin lesions, rashes, or for those with complex medical histories as well as for those that are under the age of 16.

HOW DO I MAKE A TELEHEALTH CONSULTATION?

Making a time for your consultation can be achieved by either:

- Calling our clinic on 9919 7897
- Emailing the clinic on dermalclinic@vu.edu.au
- Complete Appointment Request form on VU Dermal Clinic Website

Our clinical administration staff can assist you to make a suitable time, and provide you with all of the information and support you need to attend the tele-health consultation.

HOW MUCH WILL THIS COST?

Our student dermal clinician intake screening consultations are **free** of charge until further notice.

We understand that these are some difficult and challenging times, so we are supporting our community with this service.

STILL HAVE QUESTIONS?

Please phone or email our clinic for further information

Ph: (03) 9919 7897

E: dermalclinic@vu.edu.au

HOW DO I EXPLAIN WHAT IS DERMAL THERAPY?

What is a Dermal Clinician?

A Dermal Clinician is an allied health professional specialising in skin health and treatment of skin conditions, who has completed a four-year Bachelor's degree in Dermal Science & Therapy at Victoria University. They can assist with identifying and managing common skin, hair, and nail complaints, and may refer you to a medical professional if necessary.

A student Dermal Clinician is studying their Bachelor of Dermal Science and performs assessment and treatment under the supervision of a qualified Dermal Clinician.

Why might I seek the help of a Dermal Clinician?

You may seek the help of a Dermal Clinician for skin concerns related to injury, ageing, sun damage, inflammatory or systemic conditions, chronic health problems, wound repair, pre/post-surgical care, medication effects on skin quality, or other treatments causing skin damage.

Dermal Clinicians will always initially undertake a comprehensive consultation and with this information they can propose a management plan that is comprised of a combination of education, treatment modalities (laser/light, electrical and professional skin care) or home based topical skin management. This management plan is tailored to your individual concern and circumstances in order to achieve the best possible outcome for you.